

Talk
to your
doctor today

to find out if you qualify for
kidney disease education.



For more information about kidney disease

- Talk to the doctor who manages your kidney disease.
- Visit the National Institute of Diabetes and Digestive and Kidney Diseases at www2.niddk.nih.gov, or call 1-866-4-KIDNEY (1-866-454-3639).

For more information about Medicare coverage

- Visit www.medicare.gov/Publications/Pubs/pdf/10128.pdf to view a copy of the booklet, “Medicare Coverage of Kidney Dialysis and Kidney Transplant Services.”
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

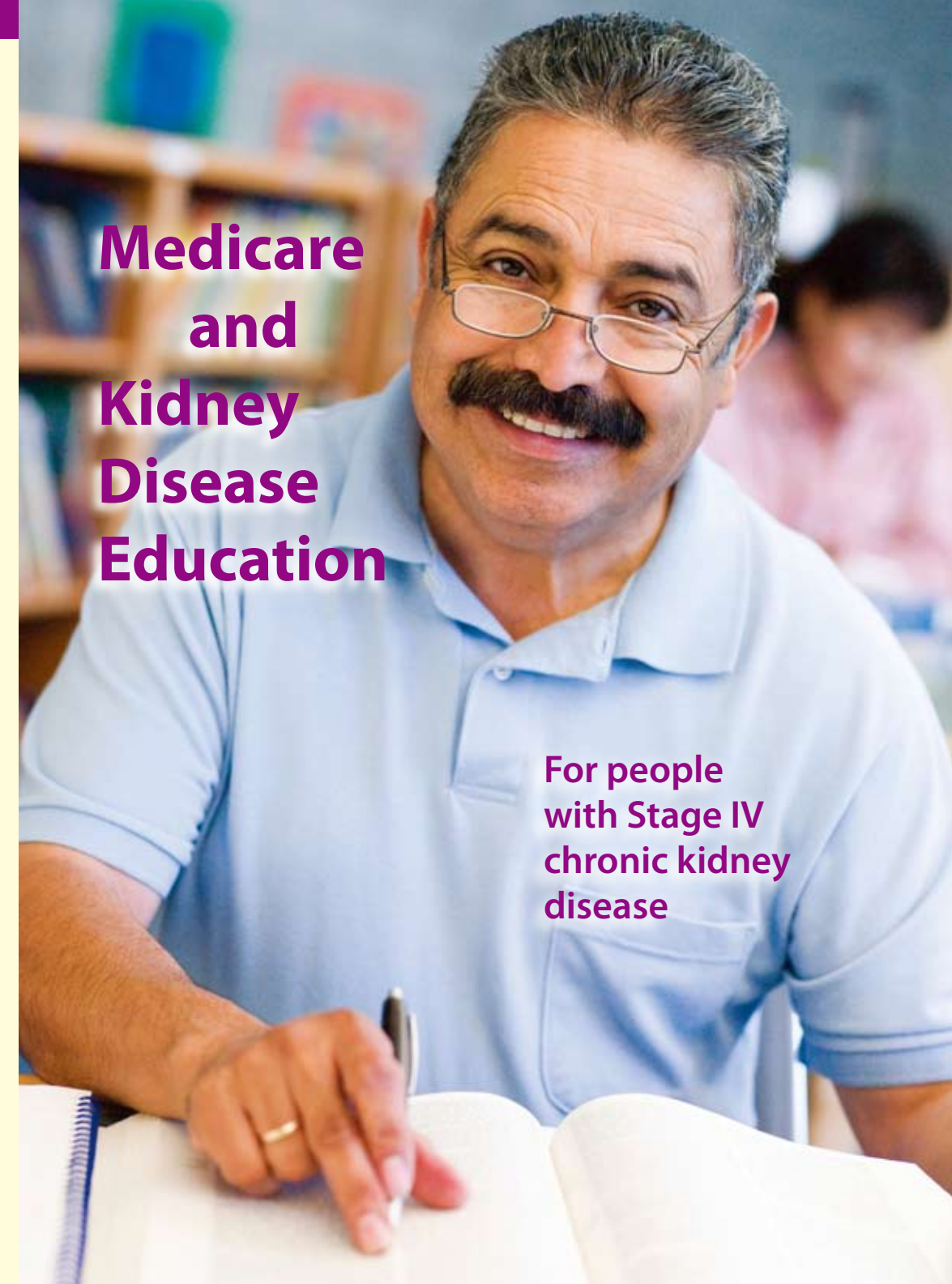
By taking charge of your
health, you may be able
to protect your kidneys
and keep your disease
from getting worse.



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**Medicare
and
Kidney
Disease
Education**

**For people
with Stage IV
chronic kidney
disease**



Medicare covers up to six sessions of **kidney disease education** to help you delay dialysis and prevent kidney disease complications. The sessions are tailored to meet your needs.

You will learn about these topics:

- How to manage health conditions like heart disease, diabetes, high blood pressure, and anemia
- How your kidneys work
- What you should and shouldn't eat
- How your medications work
- Your treatment options if your kidneys get worse:
 - Hemodialysis
 - Peritoneal dialysis
 - Access options for hemodialysis and peritoneal dialysis
 - Kidney transplant

You can also ask about these topics:

- How you feel
- How to maintain your kidney function
- Exercise
- What your test results mean
- Your family and social life
- Work and finances
- How kidney disease affects your mental health
- Your right to refuse treatment

Who's eligible?

To be eligible, you must have Medicare Part B and Stage IV chronic kidney disease (CKD). Stage IV kidney disease means that you have a severe decrease in kidney function, but you haven't developed End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant). The doctor who manages your kidney disease must write a referral for these services.

What do you pay for these education services?

You pay 20% of the Medicare-approved amount, and the Part B deductible applies.

Who can offer these services?

Doctors, physician assistants, nurse practitioners, clinical nurse specialists, and other health care providers can offer these services.

